

## NURSING STAFF

Nurse Leader:

Karen Szlosek , RN, BSN

467-9235, ext. 23

(Mondays, Wednesdays & Fridays)

West Street School:

Karen L. Szlosek, RN, BSN, NCSN

Deb Werenski, RN, BSN

467-9235, ext. 25

(Tuesdays & Thursdays)

(Mondays, Wednesdays & Fridays)

East Meadow School

Glorianna Wholley, RN, BSN, MPA

467-7198

Jr.-Sr. High School:

Karen Ranen, MS, RN, CDE

467-7104

## SCHOOL PHYSICIAN

Dr. William Mugg 533-7176

## HEALTH SERVICES

There is nursing coverage in each school for the entire school day. The role of the school nurse is to facilitate health and wellness so each student has the opportunity for academic success. Responsibilities of the Granby School Nurses include: first aid, health assessment for illness, nursing treatment, psychosocial support and health education. Our preventive health program involves Massachusetts Department of Public Health mandated screenings for vision, hearing, height, weight, postural and dental problems. The school physician provides sports physicals three times a year. Nursing staff adheres to the Massachusetts immunization requirements. They monitor and report mandated communicable diseases.

**School Health Record:** A health record is kept on file for each student throughout his/her school career. This record includes medical history, immunizations, physical exams and screening results. Updated physical exams are required for grades kindergarten, 4, 7, and 10. Physicals must be done within 6-12 months of school entry or transfer into school. Physicals for pre-school and kindergarten need to be provided prior to or the first day of school.

**Medication Administration:** Our policy requires a written physician's order as well as written parental consent to give prescription or over-the-counter medications. Prescription medication must be in the pharmacy labeled container. An adult must deliver medication to the nurse. Authorization forms are available in the school clinics.

**Individualized Health Care Plans (IHCP):** When a student has a specialized medical need or diagnosis which must be assessed, managed and monitored in school, such as a life-threatening allergy or diabetes, the school nurse develops an IHCP. This plan is based upon the student's medical history, health care provider's orders and current nursing research and practice.

**Education:** Nurses provide ongoing, individual health education for students, parents and staff. They assist in the classroom upon request as well as planned programming such as human sexuality ( 6<sup>th</sup> grade ) and personal safety ( K- 6th grades).

**Health Agency Referrals:** Nurses refer students and staff to appropriate community health agencies.

**Collaboration:** The nursing staff participates in team meetings collaborating to identify students with special needs and problem solves plans and solutions; they are members of the crisis intervention team.

**Environmental Health:** The nurses work with the Maintenance Department to identify environmental health issues; they identify environmentally sensitive students and staff collaborating with Administration and the Board of Health to provide a safe school environment. The Blood Borne Pathogen Policy and hazardous waste procedures are reviewed annually with staff.

**School Attendance:** The nursing staff collaborates with the school administration monitoring school attendance and managing the illnesses that arise while in the school setting. It is the nurses' goal to keep a student in school.

## Medical Guidelines for School Attendance

- ❑ Child with vomiting or diarrhea should be kept at home for at least 24 hours after symptoms have resolved.
- ❑ Child with a fever of 100 or above should remain at home until 24 hours after fever has resolved.
- ❑ Strep throat requires 24 hours of medication before a student can return to school.
- ❑ Impetigo requires 24 hours of medication before a student can return to school.
- ❑ Pink eye requires 24 hours of treatment before a student can return to school.
- ❑ Head lice requires treatment and child is excluded until morning after treatment given. Nurse will do a head check before re-entry to school.
- ❑ Child with chicken pox excluded for five days after onset of rash or until all lesions have dried and crusted over.
- ❑ Child with Fifth Disease does not have to be excluded from school. However, inform nurse of any diagnosed cases.
- ❑ Pertussis requires 5 days of appropriate antibiotic treatment before student can return to school.
- ❑ Student with ringworm requires treatment and student is excluded until after treatment begins.
- ❑ Student with open, oozing sores that cannot be covered should not attend school until dried and crusted over.

**Please notify the nurse when your child is under medical care for any of the above illnesses.**

*Please be aware:*

*If your child becomes sick while at school, your school nurse will call you to make arrangements for your child to go home. It is important that the school office have accurate up to date telephone and cell phone numbers. Your child will be released only to adults that you have listed on the emergency contact form.*

*Most importantly, our school nurses encourage parental communication, questions and concerns. A note or telephone call can be beneficial to you and your school nurse. All information shared is considered confidential.*

## **School Psychologists**

West Street School ( 4 days a week )

Ruth Garbett, Ed.D. 467-9235 ext.24

East Meadow School (T & Th)

Caroline McBride, M.Ed, C.A.G.S. 467-7198

Granby Jr.-Sr. High School (M, T, Th & F)

Joyce Thatcher 467-7106

## **Counselors**

Granby Jr.-Sr. High School

Guidance (full time )

Amy Mahaney, M.Ed 467-7106

Sarah Alves, M.Ed 467-7106

Social Workers

Charlene Korza, LCSW (full time- Jr/Sr High) 467-7629

Rebecca Goulet, LCSW East Meadow (M, W & F) 467-7198  
West Street ( T, & Th) 467-9235 ext.23

## **Psychological/Counseling Services**

- There is a school psychologist available in each school on a part-time or full-time basis.
  - There are two guidance counselors who work full time in Jr/Sr High School (grades 7-12).
  - There are two social workers that work full time.
  - The school psychologists provide psycho-educational assessment to students referred for evaluation.
  - They identify strengths and weaknesses and determine the presence or absence of a disability.
  - She/he also may provide direct psychological services to students i.e., counseling, coaching, behavior plans. They may provide consultation to staff and to parents regarding academic accommodations and behavior programs.
  - In addition, the school psychologist responds to students in social, emotional or behavioral crises.
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- The guidance counselors provide academic advisement, course scheduling, college and post secondary career planning.
  - They serve as liaison among students, teachers, and parents to address academic, behavioral and social issues in the classroom and at home.
  - The guidance counselors may facilitate parent and teacher conferences, provide life skills counseling to students and coordinate a variety of educational/support services.
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- ❑ The social workers provides individual, group, and classroom counseling aimed at prevention and/or reduction of risk behaviors, which interfere with learning and with safety.
- ❑ They provide education, support, and referral to parents through direct counseling, home visitation, and parent programs.
- ❑ The social workers provide substance abuse assessment and referral.