

West Street Lunch Menu

June 2010

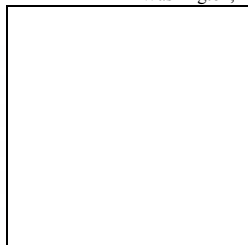
31	1	2	3	4
<u>No School</u> <u>Memorial Day</u>	Chicken Teriyaki Dippers Seasoned Rice Steamed Carrots Mandarin Oranges Fortune Cookies Choice of Low-Fat Milk	Breakfast for Lunch French Toast Sticks w/ Sausage Oven Baked Tater Tots Orange Juice Apple Slices Choice of Low-Fat Milk	Baked Chicken Tenders Baked Potato Wedges Chilled Peaches Choice of Low-Fat Milk	Cheese or Pepperoni Pizza* Fresh Zucchini Sticks w/Ranch Dip Blueberries Choice of Low-Fat Milk
7	8	9	10	11
<u>Balanced Choices Meal:</u> Chicken Soft Tacos Lettuce & Tomatoes Cheese and Salsa White Rice Chilled Pears Choice of Low-Fat Milk	<u>Balanced Choices Meal:</u> Italian Meatballs in Sauce with Macaroni Tossed Salad w/ Fresh Spinach & Low Fat Dressing Fresh Apples Choice of Low-Fat Milk	BBQ Chicken Mashed Potatoes Steamed Corn Whole Wheat Roll Chilled Mixed Fruit Low-Fat Milk	<u>Balanced Choices Meal:</u> Cheese Patty* Sandwich Baked Potato Wedges Chilled Peaches Choice of Low-Fat Milk	Cheese or Pepperoni Pizza* Cucumber Wheels w/ Ranch Dip Chilled Mixed Fruit Choice of Low-Fat Milk
14	15	16	17	18
Breakfast for Lunch Pancakes w/ Sausage Oven Baked Tater Tots Orange Juice Apple Slices Choice of Low-Fat Milk	<u>Principal's Cookout</u> Hamburger, Cheeseburger, Hot Dog, or Veggie Burger Carrots, Potato Chips Pasta Salad Watermelon and Popsicles Choice of Low-Fat Milk	Italian Cold Cut Sub w/Cheese Goldfish Crackers Fresh Baby Carrots w/ LF Ranch Dip Chilled Fruit Choice of Low-Fat Milk	BBQ Pork Ribbies Whole Wheat Roll Chilled Mixed Fruit Low-Fat Milk Pasta Salad Watermelon, Milk	Last Day of Lunch Cheese or Pepperoni Pizza* Choice of Vegetables and Fruits Choice of Low-Fat Milk <u>NO Alternates</u>
21				
Last Day of School Half Day No Lunch				
Have a safe and wonderful summer vacation. We will see you in September.				
<i>Mondays:</i> Cereal Fun Lunch: Golden Grahams or Frosted Mini Wheat Cereal* w/String Cheese, Fruit, 100% Fruit Juice, and Milk	<i>Tuesdays:</i> Cold Pizza Bagel Fun Lunch (Bagel, Pizza Sauce & Shredded Cheese or String Cheese), Fruit, and Milk	<i>Wednesdays:</i> <u>Balanced</u> <i>Choices Meal:</i> Bagel with Yogurt and Cheese Fun Lunch Fruit, 100% Fruit Juice, and Milk	<i>Thursdays:</i> <u>Balanced</u> <i>Choices Meal:</i> Junior Turkey & Cheese Sub w/ Graham Crackers, Fresh Cut Oranges, 100% Fruit Juice, and Milk	<i>Fridays:</i> Cold Nachos Fun Lunch: Crispy Tortilla Shell Rounds* w/ Shredded Cheddar, Salsa, Fruit, and Milk

*This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Low Fat White, Low Fat Chocolate, and Low Fat Strawberry

If you have questions or comments please contact the School Food Service Office at 467-3688 or Andrew Stratton, Director of Dining Services at
Andrew.stratton@compass-usa.com

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